

# DOMINIK RAMSPOTT

## PROFIL

Profession: Physiotherapist

Age and place of birth: 27 years, Bad Reichenhall

Nationality: German

## PROFESSIONAL EXPERIENCE

2015 until today:

Managing Director, Ortho Reha Sport GmbH (ORS), Munich  
Physiotherapy, rehabilitation and training therapy

2009-2016:

Managing Director, BRS GmbH, Surberg-Lauter  
logistics

2013-2015:

Freelancer, Ortho Reha Sport GmbH (ORS), Munich  
physiotherapy

Freelancer, mb training & therapy, Moosinning  
Personal training, physiotherapy, focus on golf.

2012-2013:

Employee, Ortho Reha Sport GmbH (ORS), Munich  
Physiotherapy

2011-2012:

Employee, therapiepunkt GmbH, Haar  
physiotherapy

## PROGRAMS - CONCEPTS - PROJECTS - PLATFORMS – COOPERATIONS

2018:

[golfphysiotherapist.com](http://golfphysiotherapist.com)

Platform for golf staff training with online video swing analysis and exercise selection

2017:

[activerunner.com](http://activerunner.com)

Platform for running technique in direct connection with running shoe optimization

Cooperation Laufbar GmbH, Munich

Concept for "Optimal shoe care for foot patients".

Golf Fit

Programs for "Innovative Training and Therapy Approaches for Golf"



### **Dominik Ramspott**

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Physiotherapist B. Sc.

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Ortho Reha Sport GmbH  
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Sports concept in physiotherapy

Integration of a sports programme after physiotherapy and training therapy as well as rehabilitation for the complete recovery of body and mind

health management

Concept for "Interdisciplinary consulting method of the patient's physiotherapist and treating physician".

2016:

"Breath physiotherapy - healthy through free airways"

Concept for the treatment of patients with shortness of breath

Ortho Reha Sport TV

Platform on Youtube for patient information videos about the topic "Physiotherapeutic post-treatment of the foot and ankle".

2015:

foot therapies

Treatment guidelines for patients

walking course

Course model in 2 sections to teach anatomy and physiology of the foot with integration of foot exercises and gait school in practice

## **SCHOOL/UNIVERSITY EDUCATION**

2009-2014: Study, Hogeschool Thim van der Laan, Utrecht, NL  
Degree Bachelor of Physiotherapy

2008-2011: Training, Vocational school Zimmermann, Traunstein  
Examination as a state-approved physiotherapist

2006-2008: Pupils, Fachoberschule, Traunstein  
Baccalaureate, technical subject

## **ADDITIONAL QUALIFICATIONS PHYSIOTHERAPY**

2018 Manual therapy according to Maitland, Level 2b

2015 Manual therapy according to Maitland, Level 2a

2012 Manual therapy according to Maitland, Level 1

2012 Golfphysiotrainer, Golfphysiotherapist

2011 Preventive back training

2011 Rear Refresher Training "Tailwind" for 2011

2011 Physiotherapy on the device

**LANGUAGES:** German, English

**PASSIONS:** Golf: 4 years in the GC Valley under Daniela Mitterer (PGA Golfprofessional); 2002-2008: National Ranking Tournaments; 2001-2014: Handball in the club, Mountainbiking, Wintersport